

		COMOX ISLAND IRON	
		June 14, 2025	
SHORT COURSE			
Overall			
Place	Name	Category	Time
1	Comox Family Wagon	Mixed - Open (any age) - Unlimited	26:50.6
2	Beachkids	Mixed - Masters 40+ - Unlimited	28:24.0
3	Lat48 Meridian Women	Women - Open (any age) - Unlimited	32:09.2
4	Flec Mixers	Women - Masters 60+ - Unlimited	34:37.5
Mixed - Masters 40+ - Unlimited			
Place	Name	Category	Time
1	Beachkids	Mixed - Masters 40+ - Unlimited	28:24.0
Mixed - Open (any age) - Unlimited			
Place	Name	Category	Time
1	Comox Family Wagon	Mixed - Open (any age) - Unlimited	26:50.6
Women - Masters 60+ - Unlimited			
Place	Name	Category	Time
1	Flec Mixers	Women - Masters 60+ - Unlimited	34:37.5
Women - Open (any age) - Unlimited			
Place	Name	Category	Time
1	Lat48 Meridian Women	Women - Open (any age) - Unlimited	32:09.2
WOMEN'S LONG COURSE			
Overall			
Place	Name	Category	Time
1	Fgpc Gorge Outrigger Open Women	Women - Open (any age) - Unlimited	1:15:00.9
2	Comox A	Women - Open (any age) - Unlimited	1:15:03.7
3	Lat 48 Paddling Club	Women - Open (any age) - Unlimited	1:18:06.0
4	Vancouver Va'a Force	Women - Open (any age) - Unlimited	1:20:30.0
5	Star Nation 6Ers	Women - Open (any age) - Unlimited	1:24:06.0
6	Fgpc Gorge Outrigger Masters 60 Women	Women - Masters 60+ - Unlimited	1:24:14.0
7	Vancouver Va'a Swift	Women - Masters 40+ - Unlimited	1:24:44.0
8	Seawolves	Women - Masters 50+ - Unlimited	1:25:24.0
9	Comox B	Women - Open (any age) - Unlimited	1:26:47.0
10	Fercc Ohana Spirit Storm	Women - Masters 50+ - Unlimited	1:27:25.0
11	Comox D	Women - Open (any age) - Unlimited	1:28:29.0
12	Lat48 Masters Women	Women - Masters 40+ - Unlimited	1:29:45.0

13	Fgpc Im Women	Women - Open (any age) - Unlimited	1:30:07.0
14	Pacific Spirit	Women - Masters 50+ - Spec	1:30:30.0
15	Comox C	Women - Masters 40+ - Unlimited	1:31:03.0
16	Fcrcc Ohana Spirit Thunder	Women - Masters 70+ - Unlimited	1:31:15.0
17	Ffcc Sassy Lassies	Women - Masters 50+ - Unlimited	1:37:08.0
18	Kekoa Spirit	Women - Open (any age) - Spec	1:38:16.0
19	Suncoast And Friends	Women - Open (any age) - Spec	1:39:34.0
Women - Masters 40+ - Unlimited			
Place	Name	Category	Time
1	Vancouver Va'a Swift	Women - Masters 40+ - Unlimited	1:24:44.0
2	Lat48 Masters Women	Women - Masters 40+ - Unlimited	1:29:45.0
3	Comox C	Women - Masters 40+ - Unlimited	1:31:03.0
Women - Masters 50+ - Spec			
Place	Name	Category	Time
1	Pacific Spirit	Women - Masters 50+ - Spec	1:30:30.0
Women - Masters 50+ - Unlimited			
Place	Name	Category	Time
1	Seawolves	Women - Masters 50+ - Unlimited	1:25:24.0
2	Fcrcc Ohana Spirit Storm	Women - Masters 50+ - Unlimited	1:27:25.0
3	Ffcc Sassy Lassies	Women - Masters 50+ - Unlimited	1:37:08.0
Women - Masters 60+ - Unlimited			
Place	Name	Category	Time
1	Fgpc Gorge Outrigger Masters 60 Women	Women - Masters 60+ - Unlimited	1:24:14.0
Women - Masters 70+ - Unlimited			
Place	Name	Category	Time
1	Fcrcc Ohana Spirit Thunder	Women - Masters 70+ - Unlimited	1:31:15.0
Women - Open (any age) - Spec			
Place	Name	Category	Time
1	Kekoa Spirit	Women - Open (any age) - Spec	1:38:16.0
2	Suncoast And Friends	Women - Open (any age) - Spec	1:39:34.0
Women - Open (any age) - Unlimited			
Place	Name	Category	Time
1	Fgpc Gorge Outrigger Open Women	Women - Open (any age) - Unlimited	1:15:00.9
2	Comox A	Women - Open (any age) - Unlimited	1:15:03.7
3	Lat 48 Paddling Club	Women - Open (any age) - Unlimited	1:18:06.0
4	Vancouver Va'a Force	Women - Open (any age) - Unlimited	1:20:30.0
5	Star Nation 6Ers	Women - Open (any age) - Unlimited	1:24:06.0
6	Comox B	Women - Open (any age) - Unlimited	1:26:47.0
7	Comox D	Women - Open (any age) - Unlimited	1:28:29.0
8	Fgpc Im Women	Women - Open (any age) - Unlimited	1:30:07.0
MEN'S LONG COURSE			

Overall			
Place	Name	Category	Time
1	Island Brave	Men - Open (any age) - Unlimited	1:05:08.4
2	Vancouver Va'a North	Men - Open (any age) - Unlimited	1:05:23.2
3	Geronimo 1	Men - Open (any age) - Unlimited	1:06:12.0
4	Lat48 Open Men	Men - Open (any age) - Unlimited	1:07:27.9
5	Cvrc Men 1	Men - Open (any age) - Unlimited	1:07:31.0
6	Fgpc Gorge Outrigger Open Men	Men - Open (any age) - Unlimited	1:08:31.9
7	Geronimo 2	Men - Open (any age) - Unlimited	1:11:41.0
8	Island Brave 2	Men - Open (any age) - Unlimited	1:11:47.0
9	Pr Men	Men - Masters 40+ - Unlimited	1:13:03.1
10	Vancouver Vaa Rush	Men - Masters 40+ - Unlimited	1:13:50.0
11	Comox Men Blue	Men - Masters 40+ - Unlimited	1:14:01.0
12	Fgpc Gorge Outrigger Masters 60 Men	Men - Masters 60+ - Unlimited	1:14:02.9
13	Flcc Flatwater Fabs	Men - Masters 60+ - Unlimited	1:19:23.0
14	Lotus Mixed	Men - Open (any age) - Unlimited	1:20:14.0
15	Comox Old Guys	Men - Masters 60+ - Unlimited	1:21:03.0
16	Fcrcc Kupunas Red	Men - Masters 60+ - Unlimited	1:23:23.0
17	Icemen 70+ Rio	Men - Masters 70+ - Unlimited	1:25:00.0
Men - Masters 40+ - Unlimited			
Place	Name	Category	Time
1	Pr Men	Men - Masters 40+ - Unlimited	1:13:03.1
2	Vancouver Vaa Rush	Men - Masters 40+ - Unlimited	1:13:50.0
3	Comox Men Blue	Men - Masters 40+ - Unlimited	1:14:01.0
Men - Masters 60+ - Unlimited			
Place	Name	Category	Time
1	Fgpc Gorge Outrigger Masters 60 Men	Men - Masters 60+ - Unlimited	1:14:02.9
2	Flcc Flatwater Fabs	Men - Masters 60+ - Unlimited	1:19:23.0
3	Comox Old Guys	Men - Masters 60+ - Unlimited	1:21:03.0
4	Fcrcc Kupunas Red	Men - Masters 60+ - Unlimited	1:23:23.0
Men - Masters 70+ - Unlimited			
Place	Name	Category	Time
1	Icemen 70+ Rio	Men - Masters 70+ - Unlimited	1:25:00.0
Men - Open (any age) - Unlimited			
Place	Name	Category	Time
1	Island Brave	Men - Open (any age) - Unlimited	1:05:08.4
2	Vancouver Va'a North	Men - Open (any age) - Unlimited	1:05:23.2
3	Geronimo 1	Men - Open (any age) - Unlimited	1:06:12.0
4	Lat48 Open Men	Men - Open (any age) - Unlimited	1:07:27.9
5	Cvrc Men 1	Men - Open (any age) - Unlimited	1:07:31.0
6	Fgpc Gorge Outrigger Open Men	Men - Open (any age) - Unlimited	1:08:31.9
7	Geronimo 2	Men - Open (any age) - Unlimited	1:11:41.0
8	Island Brave 2	Men - Open (any age) - Unlimited	1:11:47.0
9	Lotus Mixed	Men - Open (any age) - Unlimited	1:20:14.0

MIXED LONG COURSE			
Overall			
Place	Name	Category	Time
1	Canoe Dig-It	Mixed - Open (any age) - Unlimited	1:20:16.0
2	H.O.T. Mess	Mixed - Masters 50+ - Unlimited	1:22:23.0
3	Ocadventurers	Mixed - Masters 60+ - Unlimited	1:26:49.0
4	Lat48 Open Mixed	Mixed - Open (any age) - Unlimited	1:29:49.0
5	Lotus Youth	Mixed - Open (any age) - Unlimited	1:31:34.0
6	Fcrcc Rd Tanifa Mixed 3	Mixed - Open (any age) - Unlimited	1:33:06.0
7	Lotus Ikaika	Mixed - Masters 40+ - Unlimited	1:34:05.0
8	Lat48 Meridian Mixed	Mixed - Masters 40+ - Unlimited	1:34:25.0
9	Maple Bay Sea Dogs	Mixed - Masters 40+ - Spec	1:34:47.0
10	Fcrcc Rd Tanifa Mixed 1	Mixed - Masters 50+ - Unlimited	1:35:47.0
-	Suncoast Mixed Masters +60	Mixed - Masters 60+ - Spec	DNF
Mixed - Masters 40+ - Spec			
Place	Name	Category	Time
1	Maple Bay Sea Dogs	Mixed - Masters 40+ - Spec	1:34:47.0
Mixed - Masters 40+ - Unlimited			
Place	Name	Category	Time
1	Lotus Ikaika	Mixed - Masters 40+ - Unlimited	1:34:05.0
2	Lat48 Meridian Mixed	Mixed - Masters 40+ - Unlimited	1:34:25.0
Mixed - Masters 50+ - Unlimited			
Place	Name	Category	Time
1	H.O.T. Mess	Mixed - Masters 50+ - Unlimited	1:22:23.0
2	Fcrcc Rd Tanifa Mixed 1	Mixed - Masters 50+ - Unlimited	1:35:47.0
Mixed - Masters 60+ - Spec			
Place	Name	Category	Time
-	Suncoast Mixed Masters +60	Mixed - Masters 60+ - Spec	DNF
Mixed - Masters 60+ - Unlimited			
Place	Name	Category	Time
1	Ocadventurers	Mixed - Masters 60+ - Unlimited	1:26:49.0
Mixed - Open (any age) - Unlimited			
Place	Name	Category	Time
1	Canoe Dig-It	Mixed - Open (any age) - Unlimited	1:20:16.0
2	Lat48 Open Mixed	Mixed - Open (any age) - Unlimited	1:29:49.0
3	Lotus Youth	Mixed - Open (any age) - Unlimited	1:31:34.0
4	Fcrcc Rd Tanifa Mixed 3	Mixed - Open (any age) - Unlimited	1:33:06.0