2024 - Lotus IceBreaker OC12 - Overall

February 17, 2024 ~ Event hosted by: Lotus Sports Club

Mid-Distance Course - Overall

| Time | Club Name | Team Name | Canoe Division | Gender Division | Age Division | Distance | Format | Heat / Race | Overall / Distance Place | Division Place | Heat Place | Boat | Charitable Organization |
|---------|---------------|--------------------------------|-------------------|--------------------|-----------------|-------------|--------|----------------|--------------------------|-------------------|---------------|------|--------------------------------------|
| 25:21.8 | TBD | Mixed Bunch of Nuts | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 6 / 1:00PM | 1 | 1 of 11 | 1 of 5 | 2 | Lotus Junior Program |
| 25:22.3 | FCRCC | FCRCC WMO 40s | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 1 / 9:15AM | 2 | 1 of 3 | 1 of 4 | 6 | Burnaby Food Bank |
| 25:38.7 | Dragon Zone | Juice for Fun | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 3 | 1 of 4 | 2 of 4 | 4 | Yarrow Intergenerati onal Soc. |
| 26:13.8 | TBD | FeeweetUW Uck | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 4 | 2 of 4 | 3 of 4 | 3 | Yarrow Intergenerati onal Soc. |
| 26:23.6 | FCRCC | FCRCC WMO Two | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 5 | 2 of 11 | 1 of 5 | 2 | Burnaby Food Bank |
| 26:25.1 | Pacific Reach | Pacific Reach Men Open | Spec V12 | Men | Open | Mid- 6KM | Iron | 4 / 11:30AM | 6 | 3 of 4 | 1 of 6 | 1 | Burnaby Food Bank |
| 26:58.3 | Pacific Reach | Pacific Reach Mixed Open | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 3 / 10:45AM | 7 | 3 of 11 | 1 of 6 | 2 | Burnaby Food Bank |
| 27:23.1 | TBD | UBC Pacific Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 8 | 4 of 11 | 2 of 5 | 4 | Pacific Assistance Dogs |
| 27:59.0 | TBD | FeeweetO WOuck | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 9 | 5 of 11 | 3 of 5 | 3 | Yarrow Intergenerati onal Soc. |
| 28:04.6 | FCRCC | FCRCC Kupunas | Spec V12 | Men | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 10 | 1 of 1 | 2 of 6 | 6 | Burnaby Food Bank |
| 28:29.1 | Gibsons | Coast Chaos | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 7 / 1:45PM | 11 | 1 of 5 | 1 of 5 | 4 | Burnaby Food Bank |

| 28:31.9 | FCRCC | FCRCC | Spec V12 | Mixed | Open | Mid- | Iron | 1/ | 12 | 6 of 11 | 4 of 4 | 1 | Burnaby Food |
|---------|-------------|--------------------------------|----------|-------|----------------|-------------|------|----------------|----|----------|--------|---|-------------------------------|
| | | WMO One | | | | 6KM | 1 | 9:15AM | | | | _ | Bank |
| 28:34.8 | TBD | Hilo 60's Women | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 13 | 1 of 3 | 1 of 5 | 1 | Burnaby Food Bank |
| 28:35.1 | TBD | UBC Atlantic Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 14 | 7 of 11 | 4 of 5 | 5 | Pacific Assistance Dogs |
| 28:38.9 | Jericho | JPC Shakabuku | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 6 / 1:00PM | 15 | 2 of 3 | 2 of 5 | 5 | Burnaby Food Bank |
| 28:41.3 | TBD | V-Horses | Spec V12 | Women | Masters 50+ | Mid- 6KM | Iron | 7 / 1:45PM | 16 | 1 of 2 | 2 of 5 | 5 | Burnaby Food Bank |
| 28:46.8 | TBD | Kekoa Spirit | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 17 | 2 of 5 | 2 of 5 | 5 | Special Olympics |
| 29:23.4 | FLCC | FLCC Rebels | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 6 / 1:00PM | 18 | 3 of 5 | 3 of 5 | 6 | Burnaby Food Bank |
| 29:33.8 | Lotus | Lotus Mixed | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 6 / 1:00PM | 19 | 8 of 11 | 4 of 5 | 3 | Burnaby Food Bank |
| 29:34.2 | TBD | Starbucks Waverunne rs A | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 20 | 9 of 11 | 2 of 6 | 3 | Burnaby Food Bank |
| 29:40.3 | FVPC | Harrison Seals | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 21 | 10 of 11 | 5 of 5 | 6 | Burnaby Food Bank |
| 29:46.4 | FLCC | FLCC Catalina | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 22 | 4 of 5 | 3 of 5 | 6 | Burnaby Food Bank |
| 29:51.7 | TBD | Starbucks Waverunne rs 1 | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 23 | 11 of 11 | 3 of 6 | 4 | Burnaby Food Bank |
| 29:52.9 | FCRCC | FCRCC Ohana Spirit | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 7 / 1:45PM | 24 | 2 of 3 | 3 of 5 | 1 | Burnaby Food Bank |
| 30:19.5 | FVPC | Harrison Narwals | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 25 | 5 of 5 | 4 of 5 | 3 | Burnaby Food Bank |
| 30:41.2 | Latitude 48 | Latitude 48 Horizon | Spec V12 | Mixed | Novice | Mid- 6KM | Iron | 6 / 1:00PM | 26 | 1 of 2 | 5 of 5 | 4 | Burnaby Food Bank |
| 30:55.1 | FLCC | FLCC Bedford Ice Caps | Spec V12 | Mixed | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 27 | 1 of 2 | 3 of 6 | 1 | Burnaby Food Bank |
| 30:55.8 | FCRCC | RD Tanifa | Spec V12 | Men | Open | Mid- 6KM | Iron | 3 / 10:45AM | 28 | 4 of 4 | 4 of 6 | 3 | Burnaby Food Bank |
| 31:08.2 | FLCC | Holo Nui | Spec V12 | Women | Masters 40+ | Mid- 6KM | Iron | 7 / 1:45PM | 29 | 1 of 2 | 4 of 5 | 2 | Cares Cat Shelter |

| | | | | | | | | | | | | | Langley |
|---------|-------|---------------------------------|----------|-------|----------------|-------------|------|----------------|----|--------|--------|---|-------------------------|
| 31:18.0 | TBD | Chicken Noodle Soup | Spec V12 | Mixed | Novice | Mid- 6KM | Iron | 4 / 11:30AM | 30 | 2 of 2 | 4 of 6 | 2 | Burnaby Food Bank |
| 31:42.5 | VOS | VOS Popsicles | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 7 / 1:45PM | 31 | 3 of 3 | 5 of 5 | 6 | Burnaby Food Bank |
| 31:57.9 | TBD | Eagle Spirit | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 32 | 3 of 3 | 5 of 6 | 4 | Burnaby Food Bank |
| 32:36.7 | FCRCC | Huligans | Spec V12 | Mixed | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 33 | 2 of 2 | 5 of 5 | 4 | Burnaby Food Bank |
| 33:02.3 | TBD | Aumakua | Spec V12 | Women | Open | Mid- 6KM | Iron | 3 / 10:45AM | 34 | 1 of 1 | 6 of 6 | 5 | Breast Cancer Canada |
| 34:25.6 | TBD | Kumu Hu | Spec V12 | Women | Masters 40+ | Mid- 6KM | Iron | 4 / 11:30AM | 35 | 2 of 2 | 5 of 6 | 5 | Burnaby Food Bank |
| 36:21.1 | TBD | Al-O- Wetters and Friends | Spec V12 | Women | Masters 50+ | Mid- 6KM | Iron | 4 / 11:30AM | 36 | 2 of 2 | 6 of 6 | 6 | Burnaby Food Bank |

2024 - Lotus IceBreaker OC12 - Division

February 17, 2024 ~ Event hosted by: Lotus Sports Club

Mid-Distance Course - Division

| | | | Canoe | Gender | Age | | | Heat / | Overall / Distance | Division | Heat | | Charitable |
|---------|---------------|------------------------------|----------|----------|----------------|-------------|--------|----------------|--------------------|----------|--------|------|--------------------------------------|
| Time | Club Name | Team Name | Division | Division | Division | Distance | Format | Race | Place | Place | Place | Boat | Organization |
| 28:04.6 | FCRCC | FCRCC | Spec V12 | Men | Masters | Mid- | Iron | 3/ | 10 | 1 of 1 | 2 of 6 | 6 | Burnaby Food |
| 25.22.5 | | Kupunas | 0 1/40 | | 60+ | 6KM | | 10:45AM | | 4 6 4 | 2 (4 | | Bank |
| 25:38.7 | Dragon Zone | Juice for Fun | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 3 | 1 of 4 | 2 of 4 | 4 | Yarrow Intergenerati onal Soc. |
| 26:13.8 | TBD | FeeweetUW Uck | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 4 | 2 of 4 | 3 of 4 | 3 | Yarrow Intergenerati onal Soc. |
| 26:25.1 | Pacific Reach | Pacific Reach Men Open | Spec V12 | Men | Open | Mid- 6KM | Iron | 4 / 11:30AM | 6 | 3 of 4 | 1 of 6 | 1 | Burnaby Food Bank |
| 30:55.8 | FCRCC | RD Tanifa | Spec V12 | Men | Open | Mid- 6KM | Iron | 3 / 10:45AM | 28 | 4 of 4 | 4 of 6 | 3 | Burnaby Food Bank |
| 25:22.3 | FCRCC | FCRCC WMO 40s | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 1 / 9:15AM | 2 | 1 of 3 | 1 of 4 | 6 | Burnaby Food Bank |
| 28:38.9 | Jericho | JPC Shakabuku | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 6 / 1:00PM | 15 | 2 of 3 | 2 of 5 | 5 | Burnaby Food Bank |
| 31:42.5 | VOS | VOS Popsicles | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 7 / 1:45PM | 31 | 3 of 3 | 5 of 5 | 6 | Burnaby Food Bank |
| 28:29.1 | Gibsons | Coast Chaos | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 7 / 1:45PM | 11 | 1 of 5 | 1 of 5 | 4 | Burnaby Food Bank |
| 28:46.8 | TBD | Kekoa Spirit | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 17 | 2 of 5 | 2 of 5 | 5 | Special Olympics |
| 29:23.4 | FLCC | FLCC Rebels | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 6 / 1:00PM | 18 | 3 of 5 | 3 of 5 | 6 | Burnaby Food Bank |
| 29:46.4 | FLCC | FLCC Catalina | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 22 | 4 of 5 | 3 of 5 | 6 | Burnaby Food Bank |
| 30:19.5 | FVPC | Harrison Narwals | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 25 | 5 of 5 | 4 of 5 | 3 | Burnaby Food Bank |

| 30:55.1 | FLCC | FLCC Bedford Ice Caps | Spec V12 | Mixed | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 27 | 1 of 2 | 3 of 6 | 1 | Burnaby Food Bank |
|---------|---------------|--------------------------------|----------|-------|----------------|-------------|------|----------------|----|----------|--------|---|--------------------------------------|
| 32:36.7 | FCRCC | Huligans | Spec V12 | Mixed | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 33 | 2 of 2 | 5 of 5 | 4 | Burnaby Food Bank |
| 30:41.2 | Latitude 48 | Latitude 48 Horizon | Spec V12 | Mixed | Novice | Mid- 6KM | Iron | 6 / 1:00PM | 26 | 1 of 2 | 5 of 5 | 4 | Burnaby Food Bank |
| 31:18.0 | TBD | Chicken Noodle Soup | Spec V12 | Mixed | Novice | Mid- 6KM | Iron | 4 / 11:30AM | 30 | 2 of 2 | 4 of 6 | 2 | Burnaby Food Bank |
| 25:21.8 | TBD | Mixed Bunch of Nuts | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 6 / 1:00PM | 1 | 1 of 11 | 1 of 5 | 2 | Lotus Junior Program |
| 26:23.6 | FCRCC | FCRCC WMO Two | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 5 | 2 of 11 | 1 of 5 | 2 | Burnaby Food Bank |
| 26:58.3 | Pacific Reach | Pacific Reach Mixed Open | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 3 / 10:45AM | 7 | 3 of 11 | 1 of 6 | 2 | Burnaby Food Bank |
| 27:23.1 | TBD | UBC Pacific Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 8 | 4 of 11 | 2 of 5 | 4 | Pacific Assistance Dogs |
| 27:59.0 | TBD | FeeweetO WOuck | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 9 | 5 of 11 | 3 of 5 | 3 | Yarrow Intergenerati onal Soc. |
| 28:31.9 | FCRCC | FCRCC WMO One | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 1 / 9:15AM | 12 | 6 of 11 | 4 of 4 | 1 | Burnaby Food Bank |
| 28:35.1 | TBD | UBC Atlantic Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 14 | 7 of 11 | 4 of 5 | 5 | Pacific Assistance Dogs |
| 29:33.8 | Lotus | Lotus Mixed | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 6 / 1:00PM | 19 | 8 of 11 | 4 of 5 | 3 | Burnaby Food Bank |
| 29:34.2 | TBD | Starbucks Waverunne rs A | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 20 | 9 of 11 | 2 of 6 | 3 | Burnaby Food Bank |
| 29:40.3 | FVPC | Harrison Seals | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 21 | 10 of 11 | 5 of 5 | 6 | Burnaby Food Bank |
| 29:51.7 | TBD | Starbucks Waverunne rs 1 | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 23 | 11 of 11 | 3 of 6 | 4 | Burnaby Food Bank |
| 31:08.2 | FLCC | Holo Nui | Spec V12 | Women | Masters | Mid- | Iron | 7/ | 29 | 1 of 2 | 4 of 5 | 2 | Cares Cat |

| | | | | | 40+ | 6KM | | 1:45PM | | | | | Shelter Langley |
|---------|-------|---------------------------------|----------|-------|----------------|-------------|------|----------------|----|--------|--------|---|-------------------------|
| 34:25.6 | TBD | Kumu Hu | Spec V12 | Women | Masters 40+ | Mid- 6KM | Iron | 4 / 11:30AM | 35 | 2 of 2 | 5 of 6 | 5 | Burnaby Food Bank |
| 28:41.3 | TBD | V-Horses | Spec V12 | Women | Masters 50+ | Mid- 6KM | Iron | 7 / 1:45PM | 16 | 1 of 2 | 2 of 5 | 5 | Burnaby Food Bank |
| 36:21.1 | TBD | Al-O- Wetters and Friends | Spec V12 | Women | Masters 50+ | Mid- 6KM | Iron | 4 / 11:30AM | 36 | 2 of 2 | 6 of 6 | 6 | Burnaby Food Bank |
| 28:34.8 | TBD | Hilo 60's Women | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 13 | 1 of 3 | 1 of 5 | 1 | Burnaby Food Bank |
| 29:52.9 | FCRCC | FCRCC Ohana Spirit | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 7 / 1:45PM | 24 | 2 of 3 | 3 of 5 | 1 | Burnaby Food Bank |
| 31:57.9 | TBD | Eagle Spirit | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 32 | 3 of 3 | 5 of 6 | 4 | Burnaby Food Bank |
| 33:02.3 | TBD | Aumakua | Spec V12 | Women | Open | Mid- 6KM | Iron | 3 / 10:45AM | 34 | 1 of 1 | 6 of 6 | 5 | Breast Cancer Canada |

2024 - Lotus IceBreaker OC12 - Heat

February 17, 2024 ~ Event hosted by: Lotus Sports Club

Mid-Distance Course - Heat

| Time | Club Name | Team Name | Canoe Division | Gender Division | Age Division | Distance | Format | Heat / | Overall / Distance Place | Division Place | Heat Place | Boat | Charitable Organization |
|---------|---------------|--------------------------------|-------------------|--------------------|-----------------|-------------|--------|----------------|--------------------------|-------------------|---------------|------|--------------------------------------|
| 25:22.3 | FCRCC | FCRCC WMO 40s | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 1 / 9:15AM | 2 | 1 of 3 | 1 of 4 | 6 | Burnaby Food Bank |
| 25:38.7 | Dragon Zone | Juice for Fun | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 3 | 1 of 4 | 2 of 4 | 4 | Yarrow Intergenerati onal Soc. |
| 26:13.8 | TBD | FeeweetUW Uck | Spec V12 | Men | Open | Mid- 6KM | Iron | 1 / 9:15AM | 4 | 2 of 4 | 3 of 4 | 3 | Yarrow Intergenerati onal Soc. |
| 28:31.9 | FCRCC | FCRCC WMO One | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 1 / 9:15AM | 12 | 6 of 11 | 4 of 4 | 1 | Burnaby Food Bank |
| 26:23.6 | FCRCC | FCRCC WMO Two | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 5 | 2 of 11 | 1 of 5 | 2 | Burnaby Food Bank |
| 27:23.1 | TBD | UBC Pacific Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 8 | 4 of 11 | 2 of 5 | 4 | Pacific Assistance Dogs |
| 27:59.0 | TBD | FeeweetO WOuck | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 9 | 5 of 11 | 3 of 5 | 3 | Yarrow Intergenerati onal Soc. |
| 28:35.1 | TBD | UBC Atlantic Current | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 14 | 7 of 11 | 4 of 5 | 5 | Pacific Assistance Dogs |
| 29:40.3 | FVPC | Harrison Seals | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 2 / 10:00AM | 21 | 10 of 11 | 5 of 5 | 6 | Burnaby Food Bank |
| 26:58.3 | Pacific Reach | Pacific Reach Mixed Open | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 3 / 10:45AM | 7 | 3 of 11 | 1 of 6 | 2 | Burnaby Food Bank |
| 28:04.6 | FCRCC | FCRCC Kupunas | Spec V12 | Men | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 10 | 1 of 1 | 2 of 6 | 6 | Burnaby Food Bank |
| 30:55.1 | FLCC | FLCC | Spec V12 | Mixed | Masters | Mid- | Iron | 3/ | 27 | 1 of 2 | 3 of 6 | 1 | Burnaby Food |

| | | Bedford Ice Caps | | | 60+ | 6KM | | 10:45AM | | | | | Bank |
|---------|---------------|---------------------------------|----------|-------|----------------|-------------|------|----------------|----|----------|--------|---|-------------------------|
| 30:55.8 | FCRCC | RD Tanifa | Spec V12 | Men | Open | Mid- 6KM | Iron | 3 / 10:45AM | 28 | 4 of 4 | 4 of 6 | 3 | Burnaby Food Bank |
| 31:57.9 | TBD | Eagle Spirit | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 3 / 10:45AM | 32 | 3 of 3 | 5 of 6 | 4 | Burnaby Food Bank |
| 33:02.3 | TBD | Aumakua | Spec V12 | Women | Open | Mid- 6KM | Iron | 3 / 10:45AM | 34 | 1 of 1 | 6 of 6 | 5 | Breast Cancer Canada |
| 26:25.1 | Pacific Reach | Pacific Reach Men Open | Spec V12 | Men | Open | Mid- 6KM | Iron | 4 / 11:30AM | 6 | 3 of 4 | 1 of 6 | 1 | Burnaby Food Bank |
| 29:34.2 | TBD | Starbucks Waverunne rs A | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 20 | 9 of 11 | 2 of 6 | 3 | Burnaby Food Bank |
| 29:51.7 | TBD | Starbucks Waverunne rs 1 | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 4 / 11:30AM | 23 | 11 of 11 | 3 of 6 | 4 | Burnaby Food Bank |
| 31:18.0 | TBD | Chicken Noodle Soup | Spec V12 | Mixed | Novice | Mid- 6KM | Iron | 4 / 11:30AM | 30 | 2 of 2 | 4 of 6 | 2 | Burnaby Food Bank |
| 34:25.6 | TBD | Kumu Hu | Spec V12 | Women | Masters 40+ | Mid- 6KM | Iron | 4 / 11:30AM | 35 | 2 of 2 | 5 of 6 | 5 | Burnaby Food Bank |
| 36:21.1 | TBD | Al-O- Wetters and Friends | Spec V12 | Women | Masters 50+ | Mid- 6KM | Iron | 4 / 11:30AM | 36 | 2 of 2 | 6 of 6 | 6 | Burnaby Food Bank |
| 28:34.8 | TBD | Hilo 60's Women | Spec V12 | Women | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 13 | 1 of 3 | 1 of 5 | 1 | Burnaby Food Bank |
| 28:46.8 | TBD | Kekoa Spirit | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 17 | 2 of 5 | 2 of 5 | 5 | Special Olympics |
| 29:46.4 | FLCC | FLCC Catalina | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 22 | 4 of 5 | 3 of 5 | 6 | Burnaby Food Bank |
| 30:19.5 | FVPC | Harrison Narwals | Spec V12 | Mixed | Masters 50+ | Mid- 6KM | Iron | 5 / 12:15PM | 25 | 5 of 5 | 4 of 5 | 3 | Burnaby Food Bank |
| 32:36.7 | FCRCC | Huligans | Spec V12 | Mixed | Masters 60+ | Mid- 6KM | Iron | 5 / 12:15PM | 33 | 2 of 2 | 5 of 5 | 4 | Burnaby Food Bank |
| 25:21.8 | TBD | Mixed Bunch of Nuts | Spec V12 | Mixed | Open | Mid- 6KM | Iron | 6 / 1:00PM | 1 | 1 of 11 | 1 of 5 | 2 | Lotus Junior Program |
| 28:38.9 | Jericho | JPC Shakabuku | Spec V12 | Mixed | Masters 40+ | Mid- 6KM | Iron | 6 / 1:00PM | 15 | 2 of 3 | 2 of 5 | 5 | Burnaby Food Bank |

| 29:23.4 | FLCC | FLCC Rebels | Spec V12 | Mixed | Masters | Mid- | Iron | 6/ | 18 | 3 of 5 | 3 of 5 | 6 | Burnaby Food |
|---------|-------------|--------------|----------|-------|---------|------|------|--------|----|---------|--------|---|--------------|
| | | | | | 50+ | 6KM | | 1:00PM | | | | | Bank |
| 29:33.8 | Lotus | Lotus Mixed | Spec V12 | Mixed | Open | Mid- | Iron | 6/ | 19 | 8 of 11 | 4 of 5 | 3 | Burnaby Food |
| | | | | | | 6KM | | 1:00PM | | | | | Bank |
| 30:41.2 | Latitude 48 | Latitude 48 | Spec V12 | Mixed | Novice | Mid- | Iron | 6/ | 26 | 1 of 2 | 5 of 5 | 4 | Burnaby Food |
| | | Horizon | | | | 6KM | | 1:00PM | | | | | Bank |
| 28:29.1 | Gibsons | Coast Chaos | Spec V12 | Mixed | Masters | Mid- | Iron | 7/ | 11 | 1 of 5 | 1 of 5 | 4 | Burnaby Food |
| | | | | | 50+ | 6KM | | 1:45PM | | | | | Bank |
| 28:41.3 | TBD | V-Horses | Spec V12 | Women | Masters | Mid- | Iron | 7/ | 16 | 1 of 2 | 2 of 5 | 5 | Burnaby Food |
| | | | | | 50+ | 6KM | | 1:45PM | | | | | Bank |
| 29:52.9 | FCRCC | FCRCC | Spec V12 | Women | Masters | Mid- | Iron | 7/ | 24 | 2 of 3 | 3 of 5 | 1 | Burnaby Food |
| | | Ohana Spirit | | | 60+ | 6KM | | 1:45PM | | | | | Bank |
| 31:08.2 | FLCC | Holo Nui | Spec V12 | Women | Masters | Mid- | Iron | 7/ | 29 | 1 of 2 | 4 of 5 | 2 | Cares Cat |
| | | | | | 40+ | 6KM | | 1:45PM | | | | | Shelter |
| | | | | | | | | | | | | | Langley |
| 31:42.5 | VOS | VOS | Spec V12 | Mixed | Masters | Mid- | Iron | 7/ | 31 | 3 of 3 | 5 of 5 | 6 | Burnaby Food |
| | | Popsicles | | | 40+ | 6KM | | 1:45PM | | | | | Bank |