

## TEAM CANADA SELECTION PROCESS

### World Elite and Club Championships

Hilo, Hawaii, August 2024



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#### 2024 IVF WORLD SPRINTS OVERVIEW:

The 2024 IVF World Sprint Championships in Hilo, Hawaii will follow the same format and procedures as the 2022 championships (London, UK).

- Part one of the event consists of the **World Elite Championship** showcasing the top V6/V12 paddlers in *U19* and *Open* age categories from each country.
- Part two is the **World Club Championship**, the same as previous Championships.
- Note: All V1 races are considered Elite but will be run throughout the 7 days of the Championship events.

This document will cover the selection process for paddlers to represent Canada for both the **Elite** and **Club** Championships.

For more information on the event, please look at the IVF Race Rules (updated August 7, 2021). <http://www.ivfiv.org/race-rules.html>

Specific event information will be posted as it becomes available on the IVF website at: <http://www.ivfiv.org/>

#### SELECTION PROCESS OBJECTIVES:

- To provide all paddlers with a fair and equitable opportunity to make TEAM CANADA for the 2024 World Sprint Championships
- To build the strongest and most cohesive TEAM CANADA for 2024
- To develop a process that is inclusive and fosters paddler interest in making TEAM CANADA for 2024 and for future events

#### PADDLER REQUIREMENTS:

- All paddlers must have a current CORA membership
- All paddlers must hold Canadian Citizenship and/or be residents of Canada
- Any paddlers not able to attend or meet required qualification events or procedures may request an exemption to be reviewed by CORA's IVF committee. See more details below.

## **IMPORTANT TERMINOLOGY:**

### **Elite**

- World Elite Championship – countries/regions are represented by their best paddlers.
- V6 – Canada has ONE entry for U19 and ONE entry for open age categories in both men's and women's divisions in the 500m and the 1000m (U19)/1500m (Open) races
- V12 – Canada has ONE entry for a combination of U19 and Open candidates in men's and women's divisions. The V12 race is 500m.
- All V1 paddlers are considered Elite no matter their age category
- Elite paddlers may be chosen for drug testing at the event
- Paddlers aged 14+ can be considered for U19 Elite crew
- Paddlers aged 16+ can be considered for Open Elite crew

### **Club**

- World Club Championship – Club crews from a country will compete against other club crews for the title of "Club Champion". Paddlers participating in the elite competition will also be allowed to paddle with a club crew, but crews are limited to 3 elite members per V6 entry or 6 elite members per V12 entry. V1 paddlers will not be considered in the elite quota for club teams (in other words, a qualifying elite V1 paddler does not count as one of the 3 (V6) or 6 (V12) elite-category paddlers in a club crew).
- Within CORA, a club crew is defined as a group of paddlers from the same club or who are self-organized from individual paddlers that train together regularly under a specific club name (self-selected or pre-determined crew).
- Crews from CORA clubs wishing to represent Canada should apply according to the process outlined in the Club Selections section of this document
- Paddlers that train together regularly but are not of the same club are eligible for a club crew spot and should apply according to the process outline in the Club Selections section of this document.
- Crews from a club and crews that are self-selected will be treated the same for selections. For the purposes of this document, both will be referred to as Club Crews.

### **Free Agent**

- Since not every club is able to form a whole crew or not everyone has a club fielding a crew to trials for World Sprints, , there will be the option for individual paddlers to trial as "Free Agents" (FA).
- Please see the Club Crew selection section – V6 Canada Free Agent Crew Selection for details of this process.

- Successful “free agent” paddlers will be named to a DRAFT free agent crew after day 1 of the trials and will race off on day 2 as that crew against the registered Club Crews to determine which crews get the quota spots for Team Canada.

## **PROCESS FOR EXEMPTIONS:**

Please read this carefully if it applies to you.

- Exemptions will be considered on a case-by-case basis. Please [submit your request](#) to the CORA IVF Sprint Selection Committee by the trials registration deadline (click the link to fill out the [exemption form](#)). The only exceptions that will be considered are due to: injury, illness or family emergency, namely death or illness associated with a family member. Except in the case of injury, all paddlers (V1, elite and FA) seeking an exemption will be required to organize a head-to-head race with 1 or more paddlers that will be at trials on a marked course with supervision of one of the sprint committee members or a coach approved by the committee. If you need assistance identifying paddlers to perform this race with, please contact the committee and introductions can be made.
- This control run must be completed PRIOR to trials.
- Please also [submit to the committee](#) the following information (click the link):
  - Paddler's resume
  - Previous IVF experience and performance
  - Past race season performances in V1/OC1
  - Prognosis (if injury/illness)
- If a planned control run cannot be carried out due to extenuating circumstances, for example air quality, the committee will review the paddler's race history and reserves the right to schedule a race-off at a date following the trials.
- We have no process for full crews to request an exemption, but requests may be considered on a case-by-case basis. Similar exception criteria apply.

**KEY DATES:**

<b>DATE:</b>	<b>FOR:</b>
<b>August 21</b>	<b>Trials registration closes Club crews must have submitted rosters Last day to pay registration fee</b>
September 4	Posting of Trials race schedule
<b>September 16/17</b>	<b>TRIALS - <a href="#">Calgary Canoe Club</a></b>
October 2	Preliminary trial results posted to CORA website V1 preliminary selections announced
October 10	ALL paddlers <u>not</u> intending to compete in Hilo to provide notice to the Selection Committee.
October 15	V1 selections announced Applications for any unclaimed V1 spots open
November 1	Application for any unclaimed V1 spots due
November 10	Communication of all TEAM CANADA crews, Club Crews and Tentative Elite athletes moving forward.
November 30	Paddlers required to confirm if you are accepting Team Canada appointments for Hilo.
November 2023	ELITE athlete assessment camp 1
February 1, 2024	A non-refundable deposit up to \$250 is due by each paddler to cover some expenses related to the registration with IVF
TBD	ELITE assessment camp 2, if required.
April 2024	All final fees and documentation completed

**AGE CATEGORIES:**

Paddlers must have reached the minimum age of an age category by the end of the calendar year in which the competition is taking place (2024). The table below identifies the age categories, and their corresponding age ranges and minimum age requirements. All PARA events are in the PARA Open category.

<b>AGE CATEGORIES</b>	<b>AGE CRITERIA *D.O.B in 2022</b>	<b>Number of Club Championships Entries plus Elite V1</b>	<b>Race Distances</b>
JUNIOR 16	16 & Under (min. age: 11yrs) 2008-2013	V1 = 3 V6 = 6 V12 = 3	V1/V6/V12 500m V6 1000m
JUNIOR 19	19 & Under (min. age: 14yrs) 2005-2010	V1 = 4 Men, 3 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 1000m
OPEN	Min. age: 16yrs 2008 and earlier	V1 = 3 Men, 4 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 1500m
PARA (Open)	Min. age of 16yrs 2008 and earlier	V1 = 3 V6 = 6 V12 = 3	V1 250m V1/V6/V12 500m V6 1000m
MASTERS 40	40+yrs 1984 and earlier	V1 = 4 Men, 4 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 1000m
MASTERS 50	50+yrs 1974 and earlier	V1 = 3 Men, 4 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 1000m
MASTERS 60	60+yrs 1964 and earlier	V1 = 3 Men, 4 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 1000m
MASTERS 70	70+yrs 1954 and earlier	V1 = 5 Men, 5 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 500m 1 turn
MASTERS 75	75+yrs 1949 and earlier	V1 = 5 Men, 4 Women V6 = 6 V12 = 3	V1/V6/V12 500m V6 500m 1 turn
MASTERS 80	70+yrs 1944 and earlier	V1 = 4 Men, 4 Women V6 = 6	V1/V6 250m V6 500m 1 turn

*For Elite Championships selection information in V6 and V12, please skip to next section  
For Club Championships selection information in V6 and V12, please skip to last section*

<b>V1 SELECTION PROCESS</b> <b>ALL AGE CATEGORIES</b>
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**BOAT BEING USED FOR TRIALS:**

Solo Rudderless Outrigger Canoe (V1) - Teva Nui  
Boat being used at Worlds: Not yet announced

**V1 RIGGING:**

Rigging will be standardized as per IVF rules. Any altering of the rigging will result in immediate disqualification.

**RULES FOR V1:**

IVF rules for V1 will be followed: no additional equipment may be added to the V1 (including seat accessories, foot braces, grip wax in hull, GPS on boat)

**IS TRIALING V1 FOR YOU:**

Although we would like to encourage paddlers to race when they can, for scheduling we would like to limit trials to contenders as much as possible. All paddlers vying for a V1 spot should have regular access to a V1 or paddling without a rudder on their OC1. For paddlers new to Sprint Trials, the following chart provides a benchmark of V1 times for each category. The times listed below are the approximate time of the slowest Canadian qualifier in their category from previous CORA World Sprint V1 Trials.

Category	Men's	Women's
U16	3:12	
U19	3:02	3:20
Open	2:29	2:47
Masters 40	2:27	2:52
Masters 50	2:30	2:55
Masters 60	2:41	3:00
Masters 70	2:45	3:25
Masters 75	3:02	3:45
Masters 80 (250m)	1:35	2:00

**Please note:** Paddlers may be permitted to race down (or up for juniors) an age category in addition to their given category if there are spots available following trials.

**However:** If a paddler is racing in two age categories at Worlds, please note that the

IVF World Sprints race program will not be altered if that paddler finds themselves with back-to-back races. A scratch fee of US \$100 will be levied by the IVF (to be paid by the paddler/s) should a paddler have to scratch a race. Please note, this conflict could result between V-1 and crew races too, in which case the paddler will be required to scratch their V-1 race for the sake of their crew.

#### **TIME TRIAL PROCESS:**

To register for V1, you must fill out the [online registration form](#) selecting V1. There is a \$33 entry fee for V1 trial.

New this cycle: YOU MAY ONLY TRIAL FOR ONE V1 AGE CATEGORY.

The time trials may consist of heats and/or finals (A, B, C...) depending on the number of entries for each age category. Age categories may be combined depending on the number of registered entries for each age category.

#### **SELECTION CRITERIA:**

The top V1 paddlers per age category from the time trials may be awarded V1 spots (taking into consideration any approved exemptions). See the age categories table for the number of V1 spots available per age category.

#### **FORFEITING SPOT:**

Paddlers awarded a V1 spot but unable to attend the World Championships in Hilo may forfeit their spot by notifying the Selection Committee. The next fastest paddler based on time trial results may be offered the V1 spot (see notes above for exemption exceptions).

#### **EMPTY/UNCLAIMED SPOTS:**

If any empty/unclaimed spots remain after the time trials in any age category, they can be applied for and will be assigned at the discretion of the Selection Committee.

Priority will be given to paddlers that time trialed. If spots are still available after the acceptance deadline, paddlers without a V1 time trial result may apply for that spot; awarding of V1 spot in this instance is not a guarantee.

<p style="text-align: center;"><b>ELITE CHAMPIONSHIPS U19 &amp; OPEN</b> <b>V6 SELECTION PROCESS</b></p>
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*The Elite category only has U19 and Open crews; men's and women's; one crew per country.*

**SELECTION PROCESS:**

To register for Elite trials, you must [fill out the online registration form](#) and pay the \$33 entry fee. We'd also like you to [fill out the supplemental information form here](#) prior to trials.

Paddlers vying for an Elite crew will be raced as a separate category at trials on Saturday. Paddlers should plan on attending Sunday of trials as well for OC6 assessment. From these results, and in consideration of any exemption requests and steerspeople needs, a pool of up to 12 athletes for each category (men and women; U-19 and Open) will be selected. Exemptions to trials will be considered as earlier described.

- Paddlers aged 16 or older are eligible to be considered for the Elite Open crew.
- Paddlers aged 14-19 are eligible for U19 Elite

**CREW SELECTION:**

The pool of paddlers selected at trials will be invited to participate further assessment camps, dates TBD. At those camps, crews will be selected through V6 paddling with every effort made to select the fastest possible crews. Trials results will be considered as well as seat specific roles and crew blend. Seat races and/or an OC-1 race-off may be held at camps to aid in selection.

**RULES REGARDING ELITE AND CLUB CREW ROSTERS:**

There can only be three members of the Elite crew on a Club Crew. This does not affect pool selection but could affect the selection of the Elite crew or the entry of an Elite V12 crew. It may also affect some paddlers' choice to participate in club crews if there are more than 3 from one club selected for Elite.

**TIME GUIDELINES:**

For paddlers new to OC Sprint Trials, the following chart provides a benchmark of OC1 times for the Open Elite crew based on previous CORA World Sprint Elite Trials. The times given represent about the 10<sup>th</sup> place time of all the competitors trialing for Elite. If your 500m race time is close to this or faster, please register. If you are more than 10 seconds off this pace, please keep training hard and talk to your coaches about what you can do to elevate your paddling to the Elite level for next cycle.

Category	Men's	Women's
Open	2:37	2:57



Paddlers in the ELITE crew pool will be expected to be committed to pursuing a level of training that is expected of a World Class paddler in preparation for the World Sprints. If their training and performance decline after the final crew selection, they may be removed from the crew.

**IMPORTANT:**

Paddlers selected for the ELITE pool will be responsible for all travel and related expenses (e.g. coaching costs, canoe rental costs) involved in getting together for at least **1-2 MANDATORY ELITE ASSESSMENT CAMPS** throughout the fall/spring for 2023/24 for further assessments as well as **1-3 MANDATORY TRAINING CAMPS** leading up to the World Championships once crews are finalized.

**FORFEITING SPOT:**

Paddlers awarded an Elite pool spot but unable to attend camps or the World Championships in Hilo may forfeit their spot by notifying the Selection Committee.

## **CLUB CHAMPIONSHIPS ALL AGE CATEGORIES**

### **V6 / V12 SELECTION PROCESS**

Canada can enter up to six V6 crews and three V12 crews per category in the Club Championships.

Paddlers have two avenues they can take to participate:

- 1) Form a crew within your Club
- 2) If you do not have a Club crew vying for a spot, you can approach another Canadian club to earn a crew seat, or trial as a 'Free Agent'.

There is a separate registration form for each. *No paddler can be on both a Club crew and vie for an FA crew spot for the same age category.*

*The Club crew selection process section is divided into Free Agent Crew Selection and Club Crews to highlight the differences in how they are selected/created and how they will be ranked against one another.*

### **CLUB CREW SELECTION PROCESS**

Selection of Club crews put forth by CORA clubs is the responsibility of the club.

All Club crews [must register and pay the \\$198 registration fee online](#) (\$18 for junior crews). Only one registration per crew please. You will need to [fill out your rosters on the Roster form here](#) prior to the end of the Trials Registration Period as outlined in KEY DATES and those paddlers will not be eligible to time trial in OC1 for Free Agent crews in the same age category.

Note that if a Club crew disbands after trials, some of the paddlers that still want to go may be left without a crew. If this is the case, those paddlers should notify the CORA IVF Committee (via [IVFsprints@canadianoutrigger.ca](mailto:IVFsprints@canadianoutrigger.ca)) that they are available to fill-in if needed.

### **REPLACEMENT PADDLERS:**

Ultimately, it will be up to the Club crews to replace any paddlers that can no longer compete at Worlds. Clubs may replace up to 2 paddlers from their trials crew. Changes need to be approved by the CORA IVF Sprint Committee, and can be requested at any time up until IVF paddler registration deadlines in the spring. If the Sprint Committee deems that the changes to the crew are significant enough (more than 2 changes required for example) that the crew has become weaker such that seeding with other crews or even selection is in question, the Sprint Committee reserves the right to change seeding or de-select this team.

If needed, a club may contact the CORA IVF Sprint Committee for eligible paddlers that may have trialed in OC1 or are remaining from a Club Crew that did not qualify and can join a crew.

## IS MY CREW GOOD ENOUGH?

If you and your crew are unsure if you want to register for trials, the chart below provides some benchmark times that would have your crew progressing in the races (in repechage and likely semi finals in 2018 and 2022). Note that canoes and conditions were much different from 2018 to 2022 as well as ocean to freshwater.

[2022 London Results](#)

If you are faster than these times in a spec boat, you should register! If you are slower, you never know who else will be at trials so register, you might be in the top 6 crews.

Category	Men's		Women's	
	<i>2022</i>	<i>2018</i>	<i>2022</i>	<i>2018</i>
U16	2:15	1:55	2:30	2:14
U19	2:05	1:53	2:25	2:12
Open	2:05	1:50	2:24	2:14
Masters 40	2:07	1:54	2:25	2:18
Masters 50	2:10	1:58	2:35	2:22
Masters 60	2:15	2:00	2:42	2:28
Masters 70	2:25	2:10	2:50	2:38
Masters 75	2:35		3:00	
Masters 80	3:00			

## **V6 CANADA FREE AGENT CREW SELECTION PROCESS**

### **CANOE BEING USED:**

Solo ruddered outrigger canoe (OC1) – CLion

### **OC1 RIGGING:**

- Seat distance may be altered and fixed to ensure paddler is able to use the pedals to steer the boat. Additional equipment is permitted to be added to the OC1 such as foot pedal extenders, yoga block/water bottle/shoe to ensure the seat is fixed.
- Rigging will be fixed, paddlers shall NOT alter the rigging (this will cause too many time delays).
- No GPS devices permitted to be affixed to the boat

### **STEERS:**

All steers must identify themselves at time of registration by emailing [ivfsprints@canadianoutrigger.ca](mailto:ivfsprints@canadianoutrigger.ca) (re: I want to steer FA) to be eligible to qualify as a steers. Steers have the option of choosing to be a paddler as well.

Steers people must time trial in OC1 to be named to a Draft Free Agent crew. Steers will be named to Draft Free Agent crews based on OC1 rankings and Selection Committee consultation (where required).

### **TIME TRIAL PROCESS:**

To register as a free-agent, you must [fill out the online registration form](#). There is a \$33 entry fee.

The time trials will consist of heats and/or finals (A, B, C...) depending on the number of entries for each age category. Age categories may be combined depending on the number of registered entries for each age category. Distance to be raced is 500m (250m for 80 year old category) in a 15m width lane. IVF rules for race disqualifications apply.

### ***IMPORTANT:***

All paddlers that trial on **day 1** for Free Agent crews are required to attend the meeting at the end of day 1 for their **day 2** crew to be announced. Paddlers shall confirm their acceptance ASAP as that will affect the remaining Draft Free Agent Crews.

## **SELECTION CRITERIA:**

- The number of crews made depends on the number of athletes and capable steerspeople people entering into the free-agent process.
- Draft Free Agent Crews will be determined based on the results of the OC1 trial as well as seat suitability, regional considerations, and required skills.
- The Draft Free Agent crews are not guaranteed a spot on Team Canada Worlds.
- Draft Free Agent crews will race against the registered Club crews, should there be more than 6 registered crews, to determine which crews will be awarded the entries for the World Club Crew Championships.
- Members of a qualifying crew may be replaced after trials in the cases of successful exemption requests. Athletes will be made aware of pending exemption requests prior to the completion of the trials weekend.

## **IN THE CASE OF CREW MEMBER WITHDRAWAL**

If a crew member withdraws from a crew after the crew has qualified for a Worlds entry one of two things may happen, at the discretion of the selection committee:

1. That crew member will be replaced by the next paddler in the ranking with the required skill to fill the crew effectively, or
2. If the crew is seen to be made significantly weaker by more than one withdrawal of team members, and, there was a close next-crew at the trials, the next crew from the trials race-off will be awarded the entry.

*With this in mind, please do not participate in this aspect of the trials if you do not have the intention to participate with the crew, if selected, at Worlds.*

## **FINAL ALLOCATION OF CREWS FOR CLUB CHAMPIONSHIPS**

If there are more than 6 crews vying for CLUB crew spots, the club crews and draft free agent crews will race in V6 on *the second day of trials*. The canoes used for race offs will be Bradleys. The race format will be a straight 500m. These results will determine the crews named as the CLUB crews representing CORA. Club crews should be prepared to attend Calgary trials unless organizers deem it unnecessary which will only be known after the registration deadline.

## **THE SEEDING OF SELECTED CREWS**

Trials races will only be run for the categories with more than six crews vying for entries. For the categories for which trials are held, seeding for Worlds will be allocated based on trials results. For categories without a trials race, another process will be used based on the locations of crews. Most likely, the submission of GPS crews will be asked to submit GPS runs of specific distances for use in seeding.

V6 crews will be paired to make V12 crews by the Selection Committee.

Preliminary results from all the trials will be communicated to participants by the date listed in KEY DATES. Any paddlers not intending to compete at Worlds must provide notice to the CORA IVF Committee the deadline listed in KEY DATES. This includes any club crews (as defined on page 2) to clarify if they will remain a Club Crew or not.

**IMPORTANT:** All of TEAM CANADA will be posted by the date listed in KEY DATES.

## **ADDITIONAL NOTES AND INFORMATION**

### **RACE COURSE SETUP**

In Calgary, there will be lanes marked with buoys every 25-50 meters. The finish line may not be directly in line with the last buoy. There will be a camera on the finish line.

### **RACE START PROCEDURE**

Starts will follow the IVF starting procedure. See the race rules outlined on the IVF webpage for details. White flag – stage your boats. Red flag – approach the start line. Black flag – someone is over the start line. Green flag - GO

### **APPEALS PROCESS**

In situations where a paddler is unable to attend time trials due to extenuating circumstances (injury, illness, other), it is up to the paddler to contact the Selection Committee prior to the time trials. The Selection Committee will consider the situation on a case-by-case basis and may seed the paddler within a specific crew accordingly. See section on exemptions.

### **RE-RACES**

Paddlers have **20 minutes** following their time trial race to post an appeal for a re-race (circumstances must be legitimate such as equipment malfunction, interference during the race not noted by the on-water official). The Selection Committee will rule on the appeal. Appeals received after 20 minutes has passed after the end of the race will not be considered.

## HOW TO REGISTER:

### [Registration deadline: August 21, 2023](#)

Registration for Elite crew, V1 and free agent are available in one shopping cart.

Club Crew is a separate Cart. Club crews, please submit just one form/crew/age class.

Juniors have their own Cart for Elite, V1 and Free Agent.

### Club Crews:

- [Entry fee: \\$198/crew \(click link to pay fee\)](#)
- Six or more athletes are required per crew list. The six paddlers racing at the trials must be on the club list
- ONLY one form per crew - select one person from your crew to fill out the form and pay the fee.
- All athletes listed must be 2023 CORA members.
- A form and entry fee must be submitted for **each** age category of participation.

[Click here for the Club Crew form to identify your crew](#)

### Free-Agent:

- Entry fee: [\\$33/adult](#) (click link to pay fee) [\\$3/junior](#)
- Athlete must be a 2023 CORA member.
- An athlete cannot be on both a club crew list and race as a free-agent in the same age category. *If we receive entries with this duplication we will, automatically, disregard the free-agent application.* So, register carefully after speaking with your crew.

### V1:

- Entry fee: [\\$33/adult](#) (click link to pay fee) [\\$3/junior](#)
- Athlete must be a 2023 CORA member.

### Elite:

- Entry fee: [\\$33/adult](#) (click link to pay fee) [\\$3/junior](#)
- Athlete must be a 2023 CORA member.
- This form must be submitted: [Click here for the Elite Supplemental Information form.](#)
- Some club crew racers may be considered for the Elite pool without racing a single craft at trials. This is more likely in the case of steerspeople.

**Paddlers seeking an exemption are required to submit the fees associated with the event for which they are seeking an exemption at the time of [submitting their exemption request](#).**

Except in the case of the event being cancelled by CORA or public health order, **all fees are non-refundable**. Please make sure you are not making an error in your registration before you pay your fees.

Funds collected that are not required to cover costs of trials will be put towards the paddlers' IVF entry fees.

***Paddlers booking flights are strongly recommended to purchase cancellation insurance and/or opt for refundable flight and accommodation options.***

**CONTACT INFORMATION:**

Team Canada Administrator: Leanne Stanley [ivfsprints@canadianoutrigger.ca](mailto:ivfsprints@canadianoutrigger.ca)

**Current CORA IVF Committee (June 2023)**

Leanne Stanley, Cindy Wright, James Hill, , Rob Magus, , Kamini Jain

**FINAL COMMENTS**

We know that this is a lot to digest. Canada is a big country and we are doing our best to ensure that everyone that wants a shot at competing at Worlds has one.

If you have any questions about the process, please review the section in question along with the definitions. If you still have questions, email [IVFsprints@canadianoutrigger.ca](mailto:IVFsprints@canadianoutrigger.ca).

Good luck and happy training