| Team Name | Division | y, April 1, 2023 Category | Day and Heat Number | Boat Number | |
|---|--------------------|----------------------------|---------------------|-------------|----------------------------|
| HEAT 1 - START TIME: 9:00 AM - | - RESULTS | | | | |
| UBC Current Bold | 1st Place Heat | Men Open (any age) | Saturday, 1 | 21:59.17 | *Advance to 1 & 2 final |
| Team HFD Blue | 2nd Place Heat | Men Open (any age) | Saturday, 1 | 23:31.12 | *Advance to 1 & 2 final |
| Izze Juice | 3rd Place Heat | Men Open (any age) | Saturday, 1 | 24:28.17 | |
| Starbucks Wavejumpers | 4th Place Heat | Men Open (any age) | Saturday, 1 | 25:38.12 | |
| RD Tanifa 1 | 5th Place Heat | Men Open (any age) | Saturday, 1 | 26:38.12 | |
| Samoa Kaepu Elo | 1st Place Heat | Men Masters (40+) | Saturday, 1 | 20:51.38 | *Advance to 1 & 2 final |
| Lotus | 2nd Place Heat | Men Masters (40+) | Saturday, 1 | 23:17.20 | *Advance to 1 & 2 final |
| HEAT 2 - START TIME: 9:45 AM - | - RESULTS | | | | |
| FCP Men R.D. | 1st Place Heat | Men Open (any age) | Saturday, 2 | 20:09.95 | *Advance to 1 & 2 final |
| Grapefruit Juice | 2nd Place Heat | Men Open (any age) | Saturday, 2 | 20:17.73 | *Advance to 1 & 2 final |
| Lost Boys | 3rd Place Heat | Men Open (any age) | Saturday, 2 | 21:25.67 | |
| Honeydew Juice | 4th Place Heat | Men Open (any age) | Saturday, 2 | 22:01.20 | |
| JPC Shakabuku | 5th Place Heat | Men Open (any age) | Saturday, 2 | 26:08.29 | |
| Notes: | • | • | • | • | |
| HEAT 1 & 2 FINAL RESULTS STA | ART TIME: 10:30 AM | | | | |
| FCP Men R.D. | 1st Place Heat | Men Open (any age) | Saturday | 7:05.18 | |
| Grapefruit Juice | 2nd Place Heat | Men Open (any age) | Saturday | 7:34.73 | |
| UBC Current Bold | 3rd Place Heat | Men Open (any age) | Saturday | 7:42.58 | |
| Team HFD Blue | 4th Place Heat | Men Open (any age) | Saturday | DNS | |
| Samoa Kaepu Elo | 1st Place Heat | Men Masters (40+) | Saturday | 7:16.83 | |
| Lotus | 2nd Place Heat | Men Masters (40+) | Saturday | 8:30.77 | |
| HEAT 3 - START TIME: 11:00 AM | I - RESULTS | | <u> </u> | | |
| FCRCC WMO | 1st Place Heat | Mixed Open | Saturday, 3 | 23:21.95 | |
| Starbucks Waveswimmers | 2nd Place Heat | Mixed Open | Saturday, 3 | 24:35.38 | *Advance to 3, 4, & 5 find |
| Durian Juice | 3rd Place Heat | Mixed Open | Saturday, 3 | 25:32.41 | *Advance to 3, 4, & 5 find |
| JPC Shakabuku Mixed 1 | 4th Place Heat | Mixed Open | Saturday, 3 | 26:01.79 | |
| Elderberry Juice | 5th Place Heat | Mixed Open | Saturday, 3 | 26.11.88 | |
| Fig Juice | 6th Place Heat | Mixed Open | Saturday, 3 | 27.15.88 | |
| JPC Shakabuku Mixed 2 | 7th Place Heat | Mixed Open | Saturday, 3 | 27:34.23 | |

| HEAT 4 - START TIME 11:45 AM - RESU | LTS | | | | |
|---|-----------------|---------------|-------------|----------|-----------------------------|
| Scott's | 1st Place Heat | Mixed Open | Saturday, 4 | 21:02.61 | *Advance to 3, 4, & 5 final |
| Apple Juice | 2nd Place Heat | Mixed Open | Saturday, 4 | 21:35.33 | *Advance to 3, 4, & 5 final |
| FCP Mixed 1 | 3rd Place Heat | Mixed Open | Saturday, 4 | 21:39.01 | |
| bUcket | 4th Place Heat | Mixed Open | Saturday, 4 | 22:29.45 | |
| UBC Current Torchic | 5th Place Heat | Mixed Open | Saturday, 4 | 23:20.08 | |
| UBC Current Chimchar | 6th Place Heat | Mixed Open | Saturday, 4 | 23:31.20 | |
| Starbucks Wavewalkers | 7th Place Heat | Mixed Open | Saturday, 4 | 25:51.08 | |
| DH SIX | 8th Place Heat | Mixed Open | Saturday, 4 | 27:47.20 | |
| HEAT 5 - START TIME 12:30 PM - RESU | LTS | | | | |
| FCP Mixed 2 | 1st Place Heat | Mixed Open | Saturday, 5 | 18:51.42 | *Advance to 3, 4, & 5 final |
| Blackcurrant Juice | 2nd Place Heat | Mixed Open | Saturday, 5 | 19:42.23 | |
| Lotus Mixed Open | 3rd Place Heat | Mixed Open | Saturday, 5 | 19:53.48 | |
| UBC Current Charmander | 4th Place Heat | Mixed Open | Saturday, 5 | 20:13.05 | |
| Calpis Juice | 5th Place Heat | Mixed Open | Saturday, 5 | 20:29.11 | |
| UBC Current Cyndaquil | 6th Place Heat | Mixed Open | Saturday, 5 | 21:18.30 | |
| Starbucks Waveriders | 7th Place Heat | Mixed Open | Saturday, 5 | 21:28.45 | |
| Huts & Hoes | 1st Place Heat | Masters (40+) | Saturday, 5 | 17:58.39 | *Advance to 3, 4, & 5 final |
| HEAT 3, 4, & 5 FINAL RESULTS START | TIME: 1:15 PM | | | | |
| Scott's | 1st Place Final | Mixed Open | Saturday | 7:40.07 | |
| Apple Juice | 2nd Place Final | Mixed Open | Saturday | 7:55.30 | |
| FCP Mixed 2 | 3rd Place Final | Mixed Open | Saturday | 7:58.05 | |
| Starbucks Waveswimmers | 4th Place Heat | Mixed Open | Saturday | 8:36.05 | |
| Durian Juice | 5th Place Heat | Mixed Open | Saturday | 9:15.45 | |
| Huts & Hoes | 1st Place Final | Masters (40+) | Saturday | 8:14.80 | |
| HEAT 6 - START TIME 1:45 PM - RESUL | | | | | |
| Jackfruit Juice | 1st Place Heat | Women Open | Saturday, 6 | 23:58.38 | *Advance to 6 & 7 final |
| Six Shades Of Gray | 2nd Place Heat | Women Open | Saturday, 6 | 25:06.07 | *Advance to 6 & 7 final |
| FCRCC WMO | 3rd Place Heat | Women Open | Saturday, 6 | 26:15.48 | |
| JPC Shakabuku Women | 4th Place Heat | Women Open | Saturday, 6 | 26:36.63 | |
| Lotus Womens Open | 5th Place Heat | Women Open | Saturday, 6 | 27:08.38 | |
| JPC Shakabuku Women 2 | 6th Place Heat | Women Open | Saturday, 6 | 28:11.23 | |
| FLCC Aumakua | 1st Place Heat | Masters (40+) | Saturday, 6 | 29:14.73 | |

| HEAT 7 - START TIME 2:30 PM - | RESULTS | | | | |
|--|-------------------|----------------------|-------------|----------|-------------------------|
| BC Pals | 1st Place Heat | Women Open | Saturday, 7 | 23:56.13 | *Advance to 6 & 7 final |
| FCP Women 1 | 2nd Place Heat | Women Open | Saturday, 7 | 24:42.73 | *Advance to 6 & 7 final |
| Star Nation | 3rd Place Heat | Women Open | Saturday, 7 | 25:43.07 | |
| FCP Women 2 | 4th Place Heat | Women Open | Saturday, 7 | 25:51.26 | |
| UBC Current Glue | 5th Place Heat | Women Open | Saturday, 7 | 27:33.45 | |
| Ohana Spirit Thunder | 1st Place Heat | Golden Masters (60+) | Saturday, 7 | 28:15.38 | |
| Notes: | | | | | |
| HEAT 6 & 7 FINAL RESULTS ST | ART TIME: 3:15 PM | | | | |
| BC Pals | 1st Place Final | Women Open | Saturday | 8:22.48 | |
| FCP Women 1 | 2nd Place Final | Women Open | Saturday | 8:36.57 | |
| Jackfruit Juice | 3rd Place Final | Women Open | Saturday | 8:43.66 | |
| Six Shades Of Gray | 4th Place Final | Women Open | Saturday | 9:00.23 | |
| Notes: | | | | | |

Sunday, April 2, 2023

| Team Name | Division | Category | Day and Heat Number | Boat Number | |
|---|-----------------|----------------------|---------------------|-------------|---------------------|
| HEAT 1 - START TIME: 8:30 AM - RESUL | TS | | | | |
| One Paddle Mixed Crew | 1st Place Heat | Mixed Masters | Sunday, 1 | 24:49.38 | *Advance to 1 final |
| VOS Tuff love | 2nd Place Heat | Mixed Masters | Sunday, 1 | 26:10.04 | |
| Ogopogo Wave Riders | 3rd Place Heat | Mixed Masters | Sunday, 1 | 27:17.10 | |
| Huts & Hoes | 1st Place Heat | Mixed Senior Masters | Sunday, 1 | 23:00.04 | *Advance to 1 final |
| Dragon Hearts Too | 1st Place Heat | Mixed Novice Open | Sunday, 1 | 26:49.44 | *Advance to 1 final |
| DH SIX | 2nd Place Heat | Mixed Novice Open | Sunday, 1 | 27:10.91 | *Advance to 1 final |
| Notes: | | | | | |
| HEAT 1 FINAL RESULTS START TIME: 9 | :15 AM | | | | |
| Huts & Hoes | 1st Place Final | Mixed Masters | Sunday | 7:41.73 | |
| One Paddle Mixed Crew | 2nd Place Final | Mixed Masters | Sunday | 8:31.16 | |
| Dragon Hearts Too | 1st Place Final | Mixed Novice Open | Sunday | 9:09.85 | |
| DH SIX | 2nd Place Final | Mixed Novice Open | Sunday | 9.15.76 | |

| HEAT 2 - START TIME: 9:45 AM - RES | JLTS | | | | |
|--|-----------------|----------------------|-----------|----------|-------------------------|
| PR Men | 1st Place Heat | Men all ages | Sunday, 2 | 22:19.95 | *Advance to 2 final |
| FCRCC WMO | 2nd Place Heat | Men all ages | Sunday, 2 | 22:56.89 | *Advance to 2 final |
| The 3:30 Boys | 3rd Place Heat | Men all ages | Sunday, 2 | 23.52.42 | *Advance to 2 final |
| Gibson Coast Crush | 4th Place Heat | Men all ages | Sunday, 2 | 24.28.83 | *Advance to 2 final |
| Dragon Hearts | 5th Place Heat | Men all ages | Sunday, 2 | 27:38.51 | |
| DH SIX | 6th Place Heat | Men all ages | Sunday, 2 | 28:44.83 | |
| HEAT 2 FINAL RESULTS START TIME | : 10:30 AM | | | | |
| PR Men | 1st Place Final | Men all ages | Sunday | 7:37.07 | |
| FCRCC WMO | 2nd Place Final | Men all ages | Sunday | 7:49.32 | |
| The 3:30 Boys | 3rd Place Final | Men all ages | Sunday | 8:21.87 | |
| Gibson Coast Crush | 4th Place Final | Men all ages | Sunday | 8:22.32 | |
| HEAT 3 - START TIME: 11:00 AM - RES | BULTS | | | | |
| One Paddle Woman's Crew | 1st Place Heat | Women 40's or 50's | Sunday, 3 | 25:46.48 | *Advance to 3 final |
| Holo Nui | 2nd Place Heat | Women 40's or 50's | Sunday, 3 | 26:47.17 | *Advance to 3 final |
| VOS MIXED BAG | 3rd Place Heat | Women 40's or 50's | Sunday, 3 | 28:01.39 | *Advance to 3 final |
| Team Eagle Spirit 2 | 4th Place Heat | Women 40's or 50's | Sunday, 3 | 28:31.98 | |
| Team Eagle Spirit | 5th Place Heat | Women 40's or 50's | Sunday, 3 | 28:32.06 | |
| FCRCC WMO | 6th Place Heat | Women 40's or 50's | Sunday, 3 | DNS | |
| HEAT 3 FINAL RESULTS START TIME | : 11:45 AM | | | | |
| One Paddle Woman's Crew | 1st Place Final | Women 40's or 50's | Sunday | 9:19.32 | |
| Holo Nui | 2nd Place Final | Women 40's or 50's | Sunday | 9:32.13 | |
| VOS MIXED BAG | 3rd Place Final | Women 40's or 50's | Sunday | 10:09.26 | |
| HEAT 4 - START TIME 12:15 PM - RES | ULTS | | | | |
| FCRCC WMO | 1st Place Heat | Mixed Snr Mast (50+) | Sunday, 4 | 22:47.10 | |
| Gibson Coastal Chaos | 2nd Place Heat | Mixed Snr Mast (50+) | Sunday, 4 | 24:43.10 | *Advance to 4 & 5 final |
| RD Tanifa 2 | 3rd Place Heat | Mixed Snr Mast (50+) | Sunday, 4 | 25:28.60 | *Advance to 4 & 5 final |
| Goons with Spoons | 4th Place Heat | Mixed Snr Mast (50+) | Sunday, 4 | 27:04.95 | |

| HEAT 5 - START TIME 1:00 PM - RESULT | rs . | | | | |
|---|-----------------|----------------------|-----------|----------|-------------------------|
| FLCC Golden Masters Mania Mixed | 1st Place Heat | Mixed Gld Mast (60+) | Sunday, 5 | 24:37.57 | *Advance to 4 & 5 final |
| Gibson Coast SheManigans | 2nd Place Heat | Mixed Gld Mast (60+) | Sunday, 5 | 25:15.67 | *Advance to 4 & 5 final |
| FCRCC Kupunas2 (Mixed) | 3rd Place Heat | Mixed Gld Mast (60+) | Sunday, 5 | 25:49.82 | |
| Ogopogo Wave Riders | 4th Place Heat | Mixed Gld Mast (60+) | Sunday, 5 | 26:04.45 | |
| FCRCC Kupunas1 (Mixed) | 5th Place Heat | Mixed Gld Mast (60+) | Sunday, 5 | 26:42.42 | |
| HEAT 4 & 5 FINAL START TIME: 1:45 PM | | | | | |
| Gibson Coastal Chaos | 1st Place Final | Mixed Snr Mast (50+) | Sunday | 8:52.16 | |
| RD Tanifa 2 | 2nd Place Final | Mixed Snr Mast (50+) | Sunday | 9:17.44 |] |
| FLCC Golden Masters Mania Mixed | 1st Place Final | Mixed Gld Mast (60+) | Sunday | 8:58.48 | |
| Gibson Coast SheManigans | 2nd Place Final | Mixed Gld Mast (60+) | Sunday | 9:23.35 |] |
| HEAT 6 - START TIME: 2:15 PM - RESUL | TS | | | | |
| PR Men | 1st Place Heat | Men Snr Mast (50+) | Sunday, 6 | 22:56.29 | *Advance to 6 & 7 final |
| FCRCC Kupunas1 | 1st Place Heat | Men Gld Mast (60+) | Sunday, 6 | 25:22:54 | *Advance to 6 & 7 final |
| FCRCC Kupunas2 | 2nd Place Heat | Men Gld Mast (60+) | Sunday, 6 | 26:14:82 | *Advance to 6 & 7 final |
| FCRCC Huligans | 3rd Place Heat | Men Gld Mast (60+) | Sunday, 6 | 26:37.73 |] |
| HEAT 7 - START TIME 3:00 PM - RESULT | S | | | | |
| Samoa Susu Kaukau | 1st Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 25:53.14 | *Advance to 6 & 7 final |
| Ohana Spirit Lightning | 2nd Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 27:04.11 | *Advance to 6 & 7 final |
| FCRCC Huligan Spirit | 3rd Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 28:34.11 | |
| FLCC Golden Masters Mania | 4th Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 28:53.76 |] |
| Gibson Coast Connect | 5th Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 29:53.64 | |
| FCRCC Kupunas | 6th Place Heat | Wmn Gld Mast (60+) | Sunday, 7 | 30:35.13 |] |
| HEAT 6 & 7 FINAL START TIME: 3:45 PM | | | | | |
| PR Men | 1st Place Final | Men Snr Mast (50+) | Sunday | 7:44.64 | |
| FCRCC Kupunas2 | 1st Place Final | Men Gld Mast (60+) | Sunday | 8:37.98 | |
| FCRCC Kupunas1 | 2nd Place Final | Men Gld Mast (60+) | Sunday | 8:41.92 | |
| Samoa Susu Kaukau | 1st Place Final | Wmn Gld Mast (60+) | Sunday | 8:47.89 | |
| Ohana Spirit Lightning | 2nd Place Final | Wmn Gld Mast (60+) | Sunday | 9:02.98 |] |
| HEAT 8 - ABREAST IN A BOAT: 4:15 PM | - FINAL RESULT | S | | | |
| FCRCC Unstopable | 1st Place Final | Abreast in a Boat | Sunday | 27:12.23 | |
| FLCC Bustin Through | 2nd Place Final | Abreast in a Boat | Sunday | 28.48.64 |] |
| Water Warriors | 3rd Place Final | Abreast in a Boat | Sunday | 31:06.01 | |