



**Canadian Outrigger Racing Association
IVF 2023 World Long Distance Championships
Selection Process**



Saturday October 1st, 2022
Registration Due

All paddlers interested in trying out for Team Canada 2023 must register by 1) [paying the \\$50 registration fee](#), 2) filling out the [supplemental application form](#) and 3) be a 2022 CORA member by October 1st, 2022.

Saturday October 15, 2022
Mandatory V1/OC1 Time Trial and meeting for all interested athletes (V1 and/or V6)

Participation in the **mandatory** time trial that is required for **all** participants, both V1 and V6.

V1 Selection Trial: Athletes wanting to earn a spot to race V1 in Samoa will need to attend the October time trial at Jericho and compete in a V1. This will select Canada's V1 racers in Samoa. If the candidate wishes to qualify for the V6 process, this trial in V1 will also be used to qualify the athlete for the V6 process.

To reiterate, if you are racing for a V1 spot, your race will be equivalent to racing in an OC1.

V6 Selection Trial: Athletes wanting to participate **ONLY** in the V6 process can use a V1 or an OC1 for the October 15 time trial to qualify for the V6 process.

V1/V6 Selection Meetings: Following the time trial, all athletes will be required to attend a meeting to discuss the next steps in the selection process. It is difficult to layout the next steps currently as we do not know how many athletes we have or which age categories they represent. Please see the end of this document for the current plan for selection of crews.

Sunday October 16, 2022
Mandatory OC6 Evaluations for all athletes interested in V6

V6 Evaluations: The day after the time trial, paddlers will be sorted into V6 crews based on their registered racing category for the World Distance Championships. This will allow the CORA IVF Committee coaches to evaluate each paddler's adaptability to a crew environment and allow paddlers to gain exposure and make connections with other paddlers from the same racing category. Athletes will receive feedback from the coaches.

Details of the components/process for the V6 evaluations will be released in September.

October 17 – December 1st, 2022
Identification of PD Crews

Following trials, athletes can determine their path for the chance to represent Team Canada in V6 at the 2023 World Distance Championships in two ways:

- On a pre-determined (PD)* crew, or
- As a free agent (FA)*

**Pre-Determined Crew (PD):* this is group of up to 8 athletes who wish to continue the V6 selection process as a “crew” and will be vying for a V6 spot to race as Team Canada in Samoa as a crew. This crew can, but is not required to, be affiliated with any CORA club. A PD crew can roster up to 8 paddlers. All 8 must be registered during the registration period and compete in the mandatory V1/OC1 time trial on October 15. A paddler cannot be added to the crew roster after the time trial unless there are no other paddlers from the selection process available to fill the spot.

**Free Agent Paddler (FA):* this is a athlete who is not affiliated with a pre-determined crew and is remaining in the selection process as a solo athlete for a position in a V6 crew that will be comprised of other free agent registrants.

For 2023, pre-determined crews can only be registered AFTER participation in the **mandatory** time trial that is required for **all** participants. Paddlers will compete in OC1 or V1 at the time trial, which will be held October 15 at Jericho Sailing Centre. PD crews can register after the time trial until ***December 1, 2022***.

All paddlers who want to be included on PD roster **must** participate in the time trial.

April 15/16, 2023
Race off and/or Training Camp

Race Off: On the weekend of April 15-16, 2023, there will be an V6 race-off in Vancouver for any category where there are multiple entries, whether more than one PD crew or a PD crew and a FA crew. The winner of this race-off will be named as Team Canada for that category. To ensure fairness, equal canoes, whether spec or unlimited, will be provided to all crews participating in the race-off. PD or FA crews with members with considerably slower October trials solo results than other vying crews may not be invited to trial in these April race-offs, after review of crew compositions by the CORA IVF Committee.

Training Camp: All crews and V1 paddlers not involved in a race off, will have a training camp this weekend. Put it in your calendars now! Those crews successful in their race off will join the camp following the race off.

More information on CORA selection process, registration form and payment link are available on the [CORA website](#).

Any questions about this process can be sent to ivf@canadianoutrigger.ca.

Exemption Process for October

The acceptable reasons for an exemption from the October solo trials are very limited. With the trials date announced in November 2021, athletes have had the ability to plan optional activities around this weekend. The reason must be something unavoidable and unplanned for that has a critical and serious implication to the athlete's performance and personal health, such as serious acute injury, professional obligations booked prior to Nov 2021, non- elective surgery, death in immediate family, for example. Examples of unacceptable reasons include: a birthday party, flight or ferry expenses, unable to get ferry reservation, anniversary dinner, competing in another event, unable to source a canoe for trials, etc.

For those seeking an exemption, CORA IVF Committee will examine the following information:

- a) The reason for exemption request
- b) 2021 Samoa Trials participation and results
- c) 2022 Nationals small boat race participation and results
- d) Paddling resume and previous IVF and international experience
- e) 2022 Season participation and results.

V6 Exemption Requests: For a V6 exemption, both individual and crew participation and results will be taken into consideration.

V1 Exemption Requests: For a V1 exemption, V1 race experience and results will be collected and, if the exemption is granted, a challenge race may be required against the winner of the given category from the October time trial. The challenge race will be held at the April V6 race-off or at an earlier date if agreed upon by all parties. If the trial winner is not already required to attend the April V6 trials, the approved exempt paddler may need to race-off at a time and location of the trial winner's choosing, on approval by the CORA IVF Committee.

Those applying for an exemption must email ivf@canadianoutrigger.ca outlining their request **prior to October 1st** (last minute exemptions will be considered if received prior to trials). All paddlers applying for an exemption must be a registered participant in trials, pay the trials fee and be a current CORA member.

The request must include all of the following information (failure to include a section may result in your request not being processed):

- a) Reason for request
- b) Age category (and, if applicable, if the paddler wishes to be considered for an alternate or additional age category)
- c) State if the request is for V6 only, V1 only or V6 and V1.
- d) Did you participate in the 2021 trials process? If yes, state results
- e) Did you participate in 2022 CORA Distance Nationals small boat race? If no, why not? If yes, state results including craft, placing in category, overall placing, time and distance.
- f) List past IVF participation and results including craft and category.

