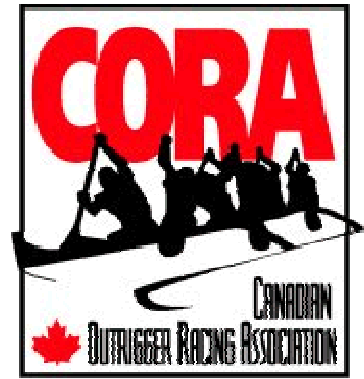


# 2009 Newsletter

Canadian Outrigger Racing Association  
www.canadianoutrigger.com

## Canada Rocks at World Sprints 2008



### Team Canada

Sprint racing is growing, and the result of Sacramento World sprints is proof. 130 Cora members participated during the 5 day event last August. Fifteen medals were presented to Canadians participating from across Canada. The national teams were selected from time trials in May 2008. Some team members met for the first time during practice days.

Medals were presented in many age categories! The Master women - V6 - 1000m finished 1st against Tahiti, and secured a new world record.

2010 will be in New Caledonia on May 22<sup>nd</sup>.. Canadian time trials are scheduled for Thanksgiving weekend this year. If you might be interested in participating, please register your "Intent to compete" at the Cora Web site.



2008 World Sprints Sacramento, California saw 130 Canadians from across Canada participate, receiving 15 medals.

Registration allows us to plan a well run time trial, and we will send updates throughout the year.

As an added bonus, the first Canadian National Sprint Championship race will be held October 11<sup>th</sup> the day following time trials. So if New Caledonia is not in your plans, consider racing the Canadian Championship race to see how it feels.

Sprint camps will be advertised later this season to develop participants skills

Canada will host World Sprints 2012 in Penticton.

So, get ready!

Volume 1, Issue 1

February 1, 2009

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## Happy New Year !

Happy New Year to all Outrigger clubs across Canada!

The race season has begun on the West Coast with the Lotus Ice Breaker to kick things off. For those who are still in a deep freeze, count down has begun for spring. Check in at the Cora website for all race information  
[www.canadianoutrigger.com](http://www.canadianoutrigger.com)

We are excited to publish this newsletter and provide information regarding Cora sponsored events, clinics, and other initiatives created to motivate and develop club membership.

Clubs are encouraged to contact the executive board members with ideas or questions to help make your club better. 2009 is time for a change, we have new races, old races, and new locations!

March Madness will replace False Creek's Dueling Hearts race. Island Iron is hosted by Comox Club this year, so a completely new venue to race.

Howe Sound Iron is taking a year off, with Vancouver Ocean Sports taking on this race weekend. We hear its going to be a great event!

To finish off the Iron season, Canadian Nationals will be hosted jointly by Ocean River and Gorge Rowing and Paddling Club on Vancouver Island. Course details to be announced soon

Finally, all the popular sprint races are scheduled again, with the addition of the Canadian Championship Sprint Regatta to be held Thanksgiving weekend the day after Canadian Sprint Time trials.

Check out the Cora race schedule to plan your complete 2009 season.

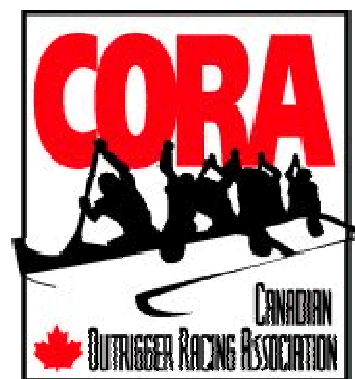
2009 Club memberships are due now. The annual fee has been increased \$25.00 to \$125.00 Fees paid after May 1st, will incur a late fee for a total \$175.00.

The increase was voted at the 2008 AGM to help cover the increase insurance costs this year. (see article following)

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All clubs teams are invited to participate in the Cora Cup Series.

Awards are presented to teams who accumulate the highest score in each age category **NOTE:** A team, who attends more than 3 races, will have the best 3 race scores used. Please use same 'team name' and 'age category' at each race so your team is assigned correct scoring.

The CORA Cup is awarded annually to the club with the most points in the races designated in the series. To qualify for the CORA Cup Series:

- To be considered as a Series participant and thus eligible for Series awards, teams must race in a minimum of three (3) series races, out of a possible 5, including the Canadian Championships.
- Only CORA clubs will be counted in the series
- Crews must register as a club – not as a combination with another club
- Crews must use same team "name" and age category for each race to assure points are assigned correctly.

Points are awarded as follows:

### Cora Cup Series (to races indicated on race schedule)

- 1st - 5 points
- 2nd - 4 points
- 3rd - 3 points
- 4th - 2 points
- 5th - 1.5 points
- All other crews 1 point

## Cora Small Boat Race Series

If you are interesting in racing small boats, consider participating in this series.

- Categories will include Open Women, Open Men, Open mixed and whatever other categories come about over the series.
- Only Cora members are eligible.
- Paddlers must race at least 3 out of 7 races to qualify for the series. If participating in more than 5 races, best 5 placing will be used. When racing OC2, participants must race with the same partner to accumulate points. Paddlers will be awarded for points in the same category for each race.
- Must race same age category for entire series to accumulate points in that category



### CORA Canadian Championships

- 1st - 10 points
- 2nd - 8 points
- 3rd - 6 points
- 4th - 4 points
- 5th - 2 points
- All other crews 1 point

### Awards & Presentation

Awards are presented to top teams who accumulate the highest score in each age category. The final Series scores for those completing the required minimum number of races will determine the club recipients of the CORA Cup. The CORA Cup is presented after the Canadian Iron Championships

*"The worst day paddling is better than the best day at work !"*

Points will be awarded as follows:

- 1st - 5 points
- 2nd - 4 points
- 3rd - 3 points
- 4th - 2 points
- 5th - 1 points

### Prizes:

Series prizes are awarded for the three highest point accumulations in each category (if paddlers had raced in 3 events). Awards will be presented at the Canadian National small boat race.

This year the venue will be in Victoria, B.C.

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### Race Travel Grants For Clubs "New"

New for 2009, Cora will be offering travel grants to offset the expense of travel to regional races outside your area.

We hope to encourage higher attendance at more club races throughout the year. This initiative was created as a replacement for the prize money offered for first place winners at the Canadian Nationals.

Details as follows

- Up to 12 travel grants maximum 200.00 each for Cora races
- Request to be submitted post race via application to CORA.
- Travel limitations: minimum of 100 km of road for fuel reimbursement or a ferry travel for ferry refund.
- Requires receipts (ferry and or gas)
- Reimbursement would include vehicle/trailer and driver only
- Applies to OC6 transportation only.
- No limit on the number of times a club can apply but only 1 submission per trailer per race.
- When money is gone, no more applications (\$2400 limit)
- Cheque will be written to the club or with permission, an individual the club agrees to.
- Complete form online and email to Cora for approval. Receipts to be provided after.
- Travel applications must consider club consolidation if multiple applications are received within same region

### Insurance Survey

In September 2008, Our Insurance provider (All Sport) approached CORA to update records for a clear understanding of "what they were protecting." This led to the questionnaire on the 2009 Club Membership form. It is important that every club complete the survey so Cora can better understand the club's insurance needs. The results of this survey will help determine the best insurance option to purchase in November 2009.

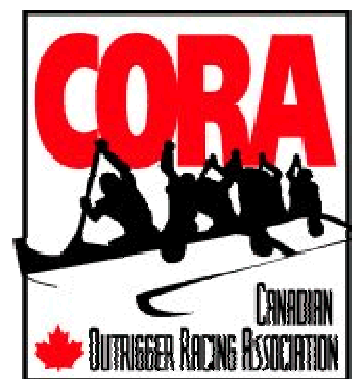
The concern for our insurance agent is providing coverage for Clubs reporting only "racing" members and what the risk "non-members" presented to them (primarily from clubs without secondary insurance). They see the recreational paddler who may belong to a CORA club, but individually is not a CORA member, as a necessary risk.

Unfortunately, there has been a pervasive assumption (which is incorrect) in the paddling community that you do not have to personally belong to CORA if you do not race, and the vocal complaints to All Sport by recreational paddlers has caused All Sport concern. As a result, All Sport presented three options to CORA:

**Option 1:** The policy defends only the 8 Board Members for their Organizational & Administrative duties and does not include the operation of any Paddling activity. All Sport Insurance have minimum policy premiums. **The minimum on \$5M is \$3,500.**

**Option 2:** The policy defends the 8 Board Members for their Org & Admin duties and INCLUDES the operation of sanctioned Outrigger Races annually with approx 200 Paddlers at each. The 200 Paddlers at each race consist only of the 1,000 paid "Members" listed. **Calculated premium: \$3,900.**

Continued next page....



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- Paddle Your Own Canoe -

Sarah Bolton, 1851

Voyager upon life's sea,  
To yourself be true,  
And whatever your lot may be,  
Paddle your own canoe.  
Never, though the winds may  
rave,  
Falter or look back;  
But upon the darkest wave  
Leave a shining track.  
Paddle your own canoe.

Nobly dare the wildest storm,  
Stem the hardest gale,  
Brave of heart and strong of  
arm  
You will never fail.  
When the world is cold and  
dark,  
Keep your aim in view;  
And toward the beacon work,  
Paddle your own canoe. ...

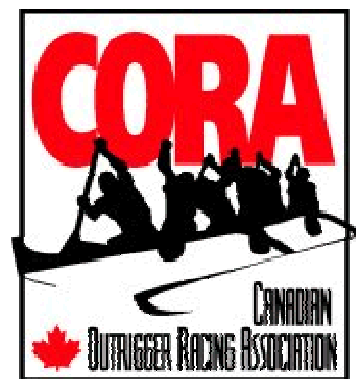
..Would you crush the giant  
wrong,  
In the world's free fight?  
With a spirit brave and strong,  
Battle for the right.  
And to break the chains that  
bind  
The many to the few  
To enfranchise slavish mind,-  
Paddle your own canoe.

Nothing great is lightly won,  
Nothing won is lost,  
Every good deed, nobly done,  
Will repay the cost.  
Leave to Heaven, in humble  
trust,  
All you will to do:  
But if succeed, you must  
Paddle your own canoe.

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## Insurance Survey cont...

**Option 3:** The policy protects CORA & its Board along with the 28 Member Clubs and each of their Boards. Protection extends to the sanctioned annual Races with 200 Paddlers per (comprised of the current 1,000 Racing Paddlers currently listed on the policy) for a total of 7,800 Racing Paddlers (Bodies).

Protection also extends to the 28 Member Clubs with an estimated 200 "Recreational Paddlers" each for an additional 5,400 Bodies. The Operations budget for CORA is estimated at \$19,000, with an average estimate of \$15,000.00 operating budget per club. **Estimated cost:** based on average number of "recreational paddlers: **\$15,000.**

The survey will determine how many clubs currently purchase additional insurance and how many clubs depend on Cora to cover their insurance needs. Many small clubs cannot afford additional cost of private insurance. The increase to club and individual membership will help offset the insurance increase if Option 3 is best suited.

## Cora Sponsored Clinics

Sprint turns, steering, stroke improvement and analysis are a few of the clinics offered over the past few years to Cora members. Cora sponsored clinics can offer a subsidized rate for participating Cora members.

This year, we encourage clubs to ask their membership what type of clinic they would like provided.

The focus will be towards individual clubs providing outside resources to their members.

Contact the Cora board with details of the clinic your club could host, and the board will offer possible resources.



Delta Sprints 2007 – Turning the Buoy

## Cora Safety Policy

Last but not least, last year's board has constructed a comprehensive safety policy to be used as a standard for the outrigger sport.

As this is an important item for all members and clubs, the new board is spending additional time to assure the standards are obtainable for our sport.

Further announcements will be made when the policy is ready to be published online.

### The Mandate of CORA is

- To foster and develop the sport of outrigger racing in Canada
- To set standards of equipment and safety for outrigger racing in Canada
- To organize outrigger races in Canada
- To represent Canadian outrigger racers at international forums for outrigger racing.
- To qualify Canadian outrigger racers for participation in international outrigger races.