

# FLCC SPRING RIVER RUN – CORA CUP #1

# APRIL 13, 2019

## SHORT COURSE (approx. 10 km.) Heat #1

Short Course Placements are limited to Women, Men and Mixed, Open Category only as per CORA Cup Rules.

\*Team arrived late and raced in Heat #3.

Overall	Team	Division	CORA CUP Div. Place	Time
1	FCP Men	Men Open	1	0:56:13.08
2	PR Mixed	Mixed Unlimited	1	0:58:55.42
3	Lotus Mixed Masters	Mixed Masters (40+)	2	0:59:25.22
4	Gibsons Soar	Men Masters (60+)	2	1:02:05.05
5	False Creek Premier Women	Women Open	1	1:04:30.65
6	Holo Nui	Mixed Masters (40+)	3	1:06:19.82
7	OCd	Mixed Novice	4	1:06:57.94
8	Goons with Spoons	Mixed Masters (40+)	5	1:07:46.96
9	RD Tanifa Women	Women Open	2	1:08:27.60
10*	Xisul S_Thuyelh	Mixed Masters (40+)	6	1:09:01.04
11	Gibsons Gals	Women Masters (40+)	3	1:10:00.92
12	VOS Masters Women	Women Masters (40+)	4	1:12:03.77
13	RD Tanifa Mixed	Mixed Open	7	1:12:46.66
14	FLCC Golden Masters	Mixed Masters (60+)	8	1:13:36.14
15	DOKA #1	Women Masters (50+)	5	1:14:19.23
16*	Shakabuku	Mixed Open	9	1:18:18.11
17	Phoenix	Women Masters (60+)	6	1:19:35.08

## WOMEN / MASTERS MIXED LONG COURSE (approx. 16 km.) Heat #2

Overall	Team	Division	CORA CUP Div. Place	Time
1	WMD Women	Women Unlimited	1	1:44:42.13
2	Sasquatch	Mixed Masters (40+)	1	1:47:19.38
3	Team Canada 60's Women	Women Masters (60+)	1	1:47:46.32
4	Ohana Spirit Lightning	Women Masters (50+)	1	1:51:14.75
5	FLCC Night Riders	Mixed Masters (40+)	2	1:52:39.08
6	FLCC Golden Masters Blue	Mixed Masters (60+)	1	1:53:40.39
7	FLCC Golden Masters Gold	Mixed Masters (60+)	2	1:55:08.10
8	FGPC IM Open Women	Women Open	1	1:57:50.00
9	FGPC IM Senior Masters Women	Women Masters (50+)	2	1:58:41.06
10	ORPC Masters Women	Women Masters (40+)	1	2:00:39.02
11	FLCC Catalina	Women Masters (50+)	3	2:02:50.25
12	FCRCC Kupuna Wahine	Women Masters (60+)	2	2:11:13.44

## MEN / OPEN MIXED LONG COURSE (approx. 16 km.) Heat #3

Overall	Team	Division	CORA CUP Div. Place	Time
1	Hardy Bus Chickens	Mixed Unlimited	1	1:28:42.71
2	WMD Men	Men Unlimited	1	1:28:52.44
3	PR Men	Men Open	1	1:38:12.29
4	PR Mixed	Mixed Unlimited	2	1:38:15.24
5	FCRCC Kapuna Kane	Men Masters (60+)	1	1:39:39.90
6	FCRCC E Holomua	Mixed Open	1	1:42:26.35
7	Iceman	Men Masters (70+)	1	1:43:24.96
8	FGPC IM Open Mixed	Mixed Open	2	1:43:55.00
9	FGPC IM Senior Masters Men	Men Masters (50+)	1	1:45:01.67
10	WMD Masters	Men Masters (40+)	1	1:51:07.20
11	Catalina	Men Masters (50+)		DQ